

## Paznaun extends summer season with "Golden Summits"

Between 31 August and 15 October, Paznaun guests can enjoy an extended "Golden Autumn" with exciting events and a multifaceted programme of activities with the "Golden Summits".

With the event series [Golden Summits](#), residents of Galtür, Ischgl, Kappl and See can experience a variety of cultural, sporting, and culinary highlights during autumn in Paznaun. From 31 August to 15 October, what are you going to find here? Take a walk in the Paznaun mountains during autumn and try out some new things. The sporting highlights include the [E-Bike World Championships for EVERYONE](#) in Ischgl from 31 August to 2 September, [Bouldering Weekend](#) in Galtür on 9 and 10 September with climbing luminaries Bernd and Barbara Zangerl, [Mountainbike Weekend](#) in Kappl on 23 and 24 September and [Paragliding Weekend](#) in See with a "GEIGERMAN" relay triathlon on 6 to 8 October. Explore the multifaceted Paznaun mountains with guided tours or sporty bike and hike offers. The [Culinary Way of St. James](#) brings gourmets along seven pleasure routes. You can experience the delights of Paznaun alpine huts until the end of September, as well as taste regional delicacies on 26 August in Ischgl on [Paznaun Market Day](#) or on 30 September in Galtür at the [International Alpine Cheese Olympics](#). On the cultural side, the program includes alpine cattle drives and live concerts by "Voxclub" and [Marc Pircher](#). All information and dates: [here](#)

### Calendar Golden Summits

- **15 August:** [Mountain Festival in See](#) with "Voxclub" live concert
- **26 August:** [Paznaun Market Day in Ischgl](#)
- **27 August:** [Culinary Delights with the #YoungChefsPaznaun](#) | Lodge Party & Culinary Way of St. James in Galtür
- **31 August - 02 September:** [E-Bike World Championships in Ischgl](#)
- **9/10 September:** [Bouldering Weekend in Galtür](#)
- **11 - 12 September:** [Transalpine Run - Stages 2 & 3](#)
- **16 September:** [Culinary Delights with Hermann Huber](#) | Lodge Party & Culinary Way of St. James in Galtür
- **16 September:** [Cattle Drive Ischgl](#)
- **17 September:** [Cattle Drive and Market Day in See](#)
- **21 September:** [Culinary Stroll in See](#)
- **23/24 September:** [Mountainbike Weekend in Kappl](#)

## PRESS RELEASE

- **28 September:** [Marc Pircher Concert in See](#)
- **30 September:** [International Alpine Cheese Olympics](#) in Galtür
- **01 October:** [Sunny Mountain Autumn Festival](#) in Kappl
- **06 - 08 October:** [Paragliding Weekend in See](#) including the ["Geigermann" relay triathlon](#)

All information about the Golden Summits: [www.paznaun-ischgl.com](http://www.paznaun-ischgl.com)

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Image Downloads: [Golden Summits 2023](#)

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